

OSH Self-Certification Form

For District and State Offices

The Congressional Accountability Act (CAA) applies provisions of the Occupational Safety and Health Act (OSH Act) to the legislative branch. The OSH Act requires that workplaces be free from recognized hazards that might cause death or serious injury.

The Office of Congressional Workplace Rights (OCWR) presents its Safety Recognition Awards to those Members of Congress who presented a hazard-free workplace on the date of the OCWR inspection and completed a brief self-certification form regarding basic safety measures for all of their additional district or state offices. The self-certification is voluntary and not required by the CAA.

Each district and state office should complete the checklist, but only one certification form is required for each Member of Congress.



1. Extension cords cannot be used to make permanent wiring connections. Replace all extension cords with surge protector power strips or have permanent electrical outlets installed. Surge protector power strips should be plugged directly into the electrical outlets and not “daisy-chained” (plugged in a series – see photo below). Have all extension cords (if any) been removed and are all surge protector power strips plugged directly into electrical outlets?

Yes No



2. Power cords, plugs, and electrical outlets must not be damaged or frayed. Are all power cords, plugs, and electrical outlets in good condition?

Yes No

3. Electrical outlets near water sources such as sinks located in bathrooms or kitchens must have functioning Ground Fault Circuit Interrupters (GFCI). Test GFCI outlets periodically by tripping the test button. Reset the unit by pushing the reset button ([see video](#)).

If you have a water source within your office suite, have you completed the tests and reset for all GFCIs in the office?

Yes

No

The outlets near a water source do not have GFCIs, but we have arranged to have GFCIs installed.

N/A, there is no water source (bathroom, kitchen, or sinks) within the office suite.

4. Do all employees working in the office know what to do in the event of a fire or other emergency?

Yes

No

5. Are all aisles, stairs, and hallways clear of obstructions that could block pathways that are used as emergency exits?

Yes

No

6. Do you have a Notice of Rights posted in a conspicuous place where notices to covered employees are customarily posted?

Yes

No

Please consult the OCWR publication [Common Office Safety Hazards](#) for additional guidance.

Note: For assistance with ANY electrical, structural, and/or design issues within an office space, and any issues that are not within an immediate office space (hallways, common areas, stairwells, etc.), staff should notify the appropriate entity to address such issues (e.g. landlord/building maintenance staff).

Questions? Contact the Congressional Office of Congressional Workplace Rights at 202-724-9250.



OFFICE OF CONGRESSIONAL WORKPLACE RIGHTS

JOHN ADAMS BUILDING
110 SECOND STREET SE, ROOM LA-200
WASHINGTON, DC 20540
(202) 724-9250

[OCWR.GOV](https://www.ocwr.gov)

Follow Us

Threads: @OCWR_LegBranch

Instagram: @OCWR_LegBranch

LinkedIn: Office of Congressional
Workplace Rights