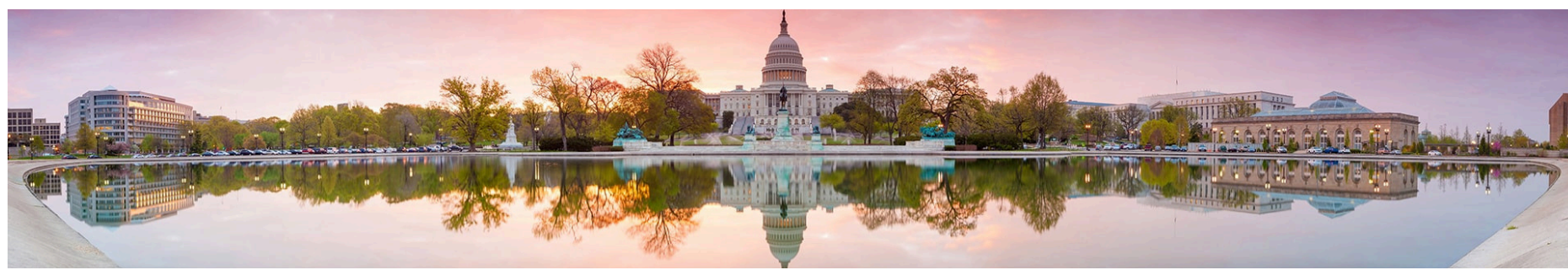




Office of Congressional Workplace Rights

e-Newsletter Fourth Quarter 2026



Information on workplace rights, safety and health, and accessibility in the legislative branch



[Register for Your Rights, Your Options](#)

Your Rights, Your Options: OCWR Confidential Advisor and Dispute Resolution Team Discuss Services and Options for Resolving Discrimination Claims

Have questions about your workplace rights? Join OCWR for a candid panel discussion on how issues like discrimination, harassment, and retaliation are resolved under the Congressional Accountability Act (CAA).

The Confidential Advisor, the Administrative Dispute Resolution (ADR) Program Director, and the Deputy Clerk of the ADR program will walk through the full process—from seeking confidential guidance, to deciding whether to take legal action by filing a claim, to what happens next through voluntary mediation or adjudication. Along the way, panelists will use a myth-versus-fact format to debunk common misconceptions about confidentiality, legal representation, and OCWR's dispute-resolution process.

[Registration is required](#) and is available only to current employees of the U.S. legislative branch.

Date: Monday, December 14, 2026

Time: Noon – 1:30 p.m.

Location: West Dining Room on the 6th Floor, Room LM-621 James Madison Building, Library of Congress and virtual on Zoom



[Read the Fast Fact](#)

OSH Fast Fact Hosting a Safety Meeting

All employees should be involved in ensuring the safety and health of the workplace. Holding regular safety meetings is one way to engage employees to participate in workplace safety and health conversations. Read our latest occupational safety and health (OSH) [Fast Fact](#) for guidance on how to plan a safety meeting.

For more information and guidance concerning OSH matters affecting the legislative branch, please visit the OSH Resources and Fast Facts page on our [website](#), e-mail the OCWR at OSH@ocwr.gov, or call the OCWR office at (202) 724-9250.

OCWR Training Opportunities

[Register for October 22](#)

[Register for November 20](#)

[Register for December 8](#)

The Congressional Accountability Act

Webinar | October 22, 2026, November 20, 2026, and December 8, 2026

This training module identifies the workplace protections extended by the CAA to employees of the legislative branch. It also explains the OCWR's role in administering the CAA. Additionally, this module explains the OCWR's administrative dispute resolution procedures and the deadlines for covered employees to file a claim alleging a violation of their rights. Attendees will apply their knowledge of the CAA's protections and procedures through instructor-guided scenarios and questions.

Resilience

Webinar | October 28, 2026

This training module explores the concept of workplace resilience, examines possible barriers to resilience, and proposes strategies to enhance the resilience of legislative branch employees.

Recognizing and Preventing Discrimination and Harassment

Webinar | November 2, 2026

This training module focuses on the CAA's protections against discrimination, harassment, and retaliation in the congressional workplace. The module also discusses prevention strategies and resources available to covered employees who believe they may have been the subject of unlawful discrimination.

Your Rights, Your Options: OCWR Confidential Advisor and Dispute Resolution Team Discuss Services and Options for Resolving Discrimination Claims

Virtual and In-Person | December 14, 2026

This hybrid event will be held in the West Dining Room (Room LM-621) on the sixth floor of the James Madison Memorial Building of the Library of Congress and on Zoom. Have questions about your workplace rights? Join OCWR for a candid panel discussion on how issues like discrimination, harassment, and retaliation are resolved under the Congressional Accountability Act (CAA). The Confidential Advisor, the ADR Program Director, and the Deputy Clerk of the ADR program will walk through the full process—from seeking confidential guidance, to deciding whether to take legal action by filing a claim, to what happens next through voluntary mediation or adjudication. Along the way, panelists will use a myth-versus-fact format to debunk common misconceptions about confidentiality, legal representation, and OCWR's dispute-resolution process. This session is open to all covered legislative branch employees, and offers a valuable opportunity to better understand your rights and the resources available to you.

Date: Monday, December 14, 2026

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Location: West Dining Room on the 6th Floor, Room LM-621 James Madison Building, Library of Congress and virtual on Zoom

Read the [Know Your Rights in the Legislative Branch brochure](#)

Sign up for [OCWR e-Alerts](#) and follow us on social media



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